

Birkenhead North End

Jack McAllister Memorial

Open 25 Mile Time Trial

Sunday 30th June 2019

Promoted for and on behalf of Cycling Time Trials under their Rules & Regulations

Course: D25/8E

Start Time: 07:00

Timekeepers: Bob Jump & John Lahiff

Event secretary: John Owens 55 Newry Park Chester CH2 2AR

Tel: 07894 308571 email: john_owens137@outlook.com

Headquarters: Tilstock Village Hall, Tilstock, SY13 3JL, 2.5 miles S of Whitchurch, open from 6:00am
Additional parking is available on the hard standing at Prees Heath SY13 3JT,
just 0.9 miles from the HQ and adjoining the course.

Competitor's Notes: Each competitor must sign on when collecting **AND RETURNING** their race numbers at the HQ, this is a CTT Requirement. Numbers should be pinned to the lower back area and be clearly visible. Make sure you call out your number at the finish, otherwise your time may not be recorded. Times will be displayed at HQ, do not ask for your time at the finish.

Distance from HQ to start is 3.8 miles so allow adequate time. Please use extreme caution riding on the A49, you are on the course so please ride in single file. The road narrows at Sandford Bridge on the A41. There is also a possibility of cattle crossing just north of the bridge. Any rider performing a U-turn within sight of the start or finish may be disqualified. Keep your head up at all times, have a safe and enjoyable ride.

Due to increased traffic levels at Prees Island riders are reminded to use caution on entering the Island. Any rider observed to be riding in an unsafe manner or disregarding the Highway Code may face disciplinary action.

AWARDS

	Fastest rider	Fastest Lady	Fastest junior	Fastest vet		Vet + on Std
1 st	£30	£20	£20	£20		£25
2 nd	£20	£15	£15	£15		£20
3 rd	£15					£15
Fastest Team of 3		£30				

Please note – the One Rider One Prize rule applies, except for Team prize.

COURSE DESCRIPTION

Start on the A49 (Prees bypass) south of Prees Bridge at metal bridge join.
Proceed north on the A49 to Prees island 2.76 miles
Turn right onto the A41 (3rd exit) and continue to Tern Hill island 9.79
Turn right onto the A53 (3rd exit) and proceed to Espley island 13.13
Encircle island and retrace to Tern Hill island 16.50
Turn left (1st exit) onto A41 and retrace to Prees island 23.47
Turn left (1st exit) onto A49 and **Finish** at last grid before Manor House Lane 25.00

IN THE INTERESTS OF YOUR OWN SAFETY

Cycling Time Trials and the event promoter strongly advise that you wear A HARD SHELL HELMET that meets an internationally accepted safety standard.

It is a condition of entry that all riders under 18 years of age must wear an approved cycle helmet.

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.